## Workshop on Interpersonal Communication Date- 17th November, 2020

Folklore Department of Nonoi College organized a workshop on "Interpersonal Communication" On 17th November 2020. The programme Coordinator Mrs. Bhanita Saikia, Assistant Professor, department of Folklore, Nonoi College delivered introductory Speech and also spoke on the basic concept of Interpersonal communication skills highlighting the set of abilities needed in the interpersonal exchange of information; a twoway exchange requiring skill in both expressing and assimilating information. They not only involve listening, speaking, writing, and sending/receiving nonverbal signals, but doing so empathetically, attentively, responsively, directly, and confidently during the social interaction. Invited Speaker Mrs. Kabita Devi Kusre, Assistant Professor of Department of Psychology said that Interpersonal communication is about relationships. There are many kinds of communication. We distinguish one type of communication from others based on the number of persons involved, the formality of the interaction, and the opportunity to give and receive feedback. She simply explained with example that since intrapersonal communication occurs when you think or talk to yourself, it requires only a single communicator—you! In contrast to intrapersonal communication, interpersonal communication is the ongoing ever-changing process that occurs when you interact with another person, 35 students were present in the workshop.



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